

## Ways to capture cherished stories and recipes

### Handwritten and traditional

- **Recipe Journals:** Everyone involved can write recipes in their own handwriting.
- **Recipe Cards:** Use classic index cards in a recipe box — simple, shareable and timeless.
- **Scrapbooks:** Pair recipes with photos, stories and notes from loved ones.
- **Framed Recipes:** Display a beloved recipe written in the person's handwriting.
- **Recipe Calendars:** Create a family calendar with one recipe and memory per month.

### Digital and modern

- **Shared Documents:** Easily store and share recipes in a Google Doc or shared folder.
- **Recipe Apps:** Organize favorites in apps like Morsel, Paprika or Evernote.
- **Blog or Website:** Post recipes, stories and photos to build a living digital cookbook (Wix or WordPress are good websites for building free, easy-to-use websites).
- **Digital Cookbooks:** Design recipe pages in Canva, Blurb or Shutterfly and print or share online. Sites like Heritage Cookbook, Simply Cookbooks, Bookemon and My Family Recipe Books offer users templates specific to building their own digital and/or printed cookbooks.
- **Audio/Video Recordings:** Record loved ones cooking and telling stories.

### Visual and artistic

- **Photograph Recipes:** Capture old recipe cards, handwritten notes or stained cookbooks before they fade.
- **Take Food Photos:** Document dishes being made and served. You can put these photos into a slideshow/photo essay.
- **Illustrated Cookbooks:** Add drawings, family portraits or collages to bring recipes to life.

### Collecting recipes and engaging loved ones in the process

- **Shared Cookbook:** Ask loved ones to send you a few recipes and any stories associated with those recipes (or send them questions to answer). Give them a deadline and send reminders! Or create an event to gather recipes and stories:
  - **Cook + Record Day:** Film and/or interview loved ones as they cook and share memories in the kitchen.
  - **Recipe Swap Night:** Everyone brings a dish, shares a memory, and takes home new recipes.
- *Save digital copies in multiple places (cloud + USB + print).*
- *Label photos and/or recipes with names, dates and places.*
- *Consider donating a copy of your collection to a local library, cultural center, or historical archive.*